

THE **COSMETIC**  
& **WELLNESS** TEAM

# LIP ENHANCEMENT

**PRE-TREATMENT AND  
POST-TREATMENT ADVICE**

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## PRE-TREATMENT ADVICE

- + Start by booking a consultation with one of our experienced Cosmetic and Wellness Team – they will be able to advise you on the most appropriate treatment to achieve your desired results.
- + Ensure the treatment area is clean prior to your appointment – mouths are especially dirty places so give everything a good clean and wash beforehand.
- + Try to avoid heavy petting afterwards as well....you don't know where their mouth has been.

## POST-TREATMENT ADVICE

- + Avoid touching, rubbing or applying pressure to the treated area as this can cause infection.
- + Be patient. Some results are instant; others may take up to seven days to become visible.
- + You may need to minimise exercise for 24 hours after some treatments or as suggested by our Team.
- + Avoid excessive drinking or partying as this can affect your results.
- + Maintain your skin care regime. Continue to exfoliate and cleanse regularly. If you are unsure about your facial treatment plan, one of our Team will be happy to develop one with you.
- + You will need to wait approximately two weeks post some treatments before undergoing facial treatments.